

OFF-GRID & UNBROKEN

Survivalists of Sweetwater 307 (SOS 307)

Power Resilience & Energy Preparedness

Green River, Wyoming

Train Hard. Stay Ready. Stay Unbroken.



SECTION 1 – SURVIVAL ENERGY MINDSET

Backup power is not about comfort.

In Wyoming, it protects:

- Water systems
- Heating systems
- Food storage
- Medical equipment

Rule #1: If your heat depends on electricity, you are not off-grid.

SECTION 2 – LOAD IDENTIFICATION

Step 1: Separate Needs from Wants

Tier 1 – Must Stay Alive

- Well pump
- Furnace blower
- Boiler controls
- Refrigerator
- Medical devices

Tier 2 – Operate Safely

- Freezer
- Lighting
- Router/Comms

Tier 3 – Comfort

- Microwave
- TV
- Coffee maker

Appliance Table

Appliance	Running Watts	Surge Watts	Running Hours
Well pump	1000-1500	3000-4000	0.5-1 hours
Deep well pump	1500-2200	4500-6000	0.5-1 hours
Furnace Blower	400-800	1200	4-8 hours
Boiler Pump	80-200	400	6-10 hours
Fridge	100-200	600	8 hours
Chest Freezer	150-300	700	6-8 hours
LED Light	8-12 watts		4-6 hours
Router	10-20 watts		24 hour
Coffee Maker	800-1200		.25 hours
Microwave	1000 watts	1000 watts	0.2 hours

Voltage Conversion

Voltage Conversion Reference

To convert Watt-Hours to Amp-Hours:

$$Wh \div \text{System Voltage} = Ah$$

System Voltage

Formula

- 12V

$$Wh \div 12$$

- 24V

$$Wh \div 24$$

- 48V

$$Wh \div 48$$

Example:

- 7,560 Wh \div 48V = 157.5 Ah per day

WORKSHEET 1 – LOAD INVENTORY

Watts × Hours = Watt-Hours

Total Daily Wh = 7482.5

Add 20% buffer: Total × 1.2= 8979

Appliance	Watts	Hours Used	Daily need
Toaster	1650	.25	412.5
Fridge	310	10	3100
Coffee Maker	1350	1	1350
Lights x 2	8-12	12	120
Microwave	1250	2	2500

SECTION 3 – BATTERY SIZING

Step 1: Wh ÷ System Voltage = Ah per day

Example: 8979 Wh ÷ 48V = 187.06 Ah/day

Step 2: 2-Day Wyoming Winter Autonomy

$$\underline{187.06 \text{ Ah} \times 2 = 374.12 \text{ Ah}}$$

Step 3: Lithium 80% usable

$$\underline{374.12 \div 0.8 = 467.65 \text{ Ah required}}$$

WORKSHEET 2 – BATTERY BANK

Daily Wh: 8979

System Voltage: 48

Ah per Day: 187.06

Autonomy Days: 2

Battery Chemistry: Lithium 80 % Usable

Final Bank Size: 467.65

Battery Back-up with Solar

How It Works

(Energy Flow) Grid → Main Panel → Transfer Switch → Inverter/Charger → Battery Bank → Critical Loads Panel

Core Components:

1. Utility Meter
2. Main Service Panel
3. Automatic Transfer Switch (ATS) or Manual Transfer Switch
4. Hybrid Inverter / Inverter-Charger
5. Battery Bank (12V / 24V / 48V)

What Happens During Outage:

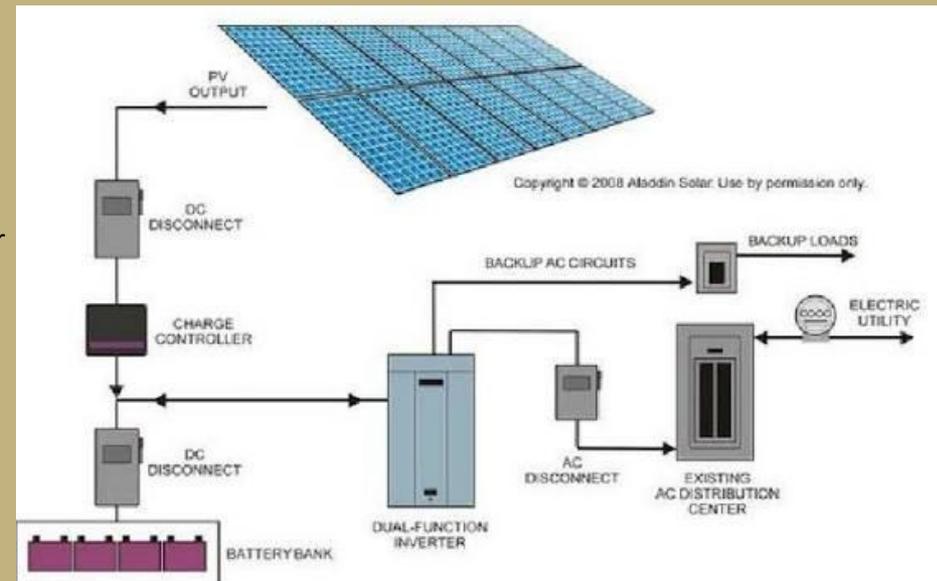
- Grid drops ATS switches to inverter
- Battery bank powers critical loads

Optional generator input can charge batteries

Best Used When:

You want quiet, instant backup, Critical loads only (well pump, furnace blower, fridge) Short- to medium-duration outages

Not Ideal When: Whole-house heavy loads (electric heat, dryers) Long-term outage without solar/generator support



SECTION 4 – GENERATOR STRATEGY

Generators are recovery tools:

- Battery chargers
- Surge load handlers
- Emergency recovery systems

Continuous Load Example:

Well Pump: 1000 Watts

Furnace: 600 Watts

Fridge: 200 Watts

Example Continuous Load = 1,800W

Minimum 3,000W generator

GENERATOR FUEL PLANNING

0.75 gallons/hour

2 hours/day = 1.5 gallons/day

7 days = 10.5 gallons

Plan 2x → 21 gallons minimum

WORKSHEET 3 – GENERATOR PLAN

Continuous Load: 1800 W

Surge Load: 1200 W

Generator Size: 3000 W

Fuel Use Per Hour: .75 gallons/hour

Hours Per Day: 2 hours per day

7-Day Fuel Needed: 10.5 gallons

Plan excess x2: 21 gallons minimum

Generator Operation

How It Works (Energy Flow)

Generator → Transfer Switch → Inverter/Charger → Battery Bank → Loads

Generator can:

- Power house directly
- Charge battery bank simultaneously
- Shut off once batteries are full

Core Components:

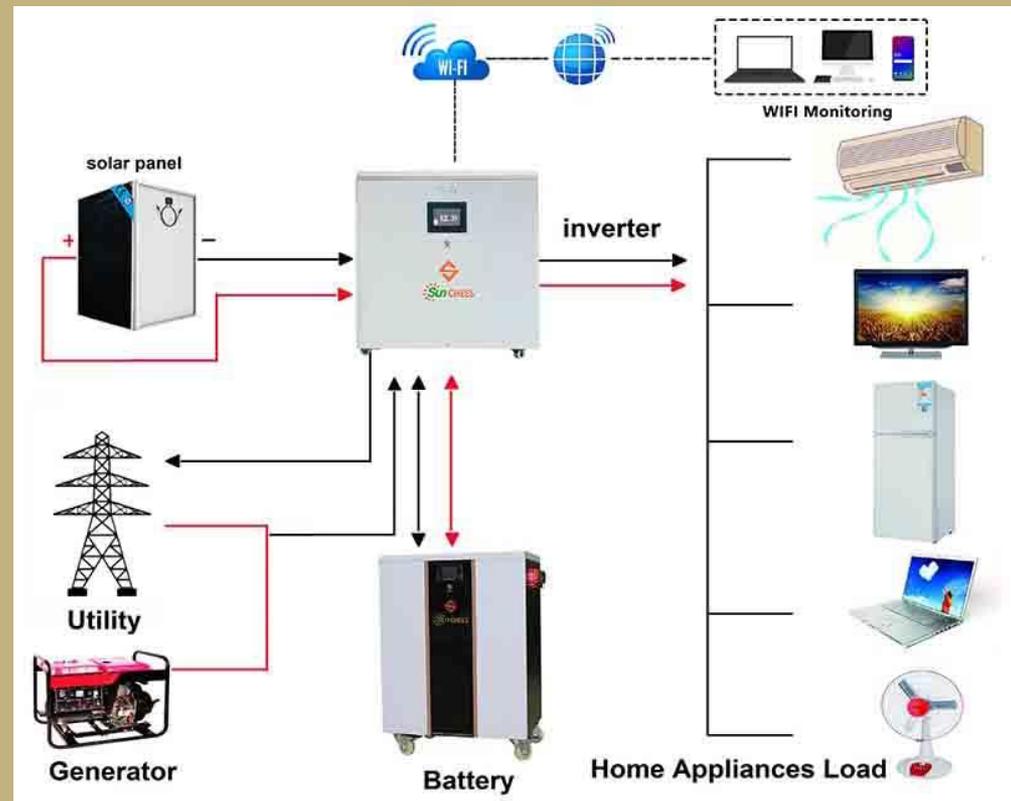
- Standby or Portable Generator
- Transfer Switch (ATS preferred)
- Inverter/Charger
- Battery Bank
- Critical Loads Panel or Whole House Panel

Best Used When:

- You want fuel-based reliability
- You want to reduce generator runtime
- You need high surge capability (well pumps, HVAC)

Not Ideal When:

- Fuel storage is limited
- Noise restrictions
- Long-term fuel resupply is uncertain



SECTION 5 – SOLAR & WIND STRATEGY

Solar: Required Wh \div 4 winter sun hours

Example: $8979 \div 4 = 2,244\text{W}$

Add inefficiency $\rightarrow 2,544\text{W} - 2,744\text{W}$

Wind Advantage in Wyoming:

- Works at night
- Works during storms
- Hybrid reduces generator dependence

Solar and Wind Operation

How It Works (Energy Flow)

Solar Panels → Charge Controller → Battery Bank

Wind Turbine → Wind Charge Controller → Battery Bank

Battery Bank → Hybrid Inverter → Critical Loads Panel

Grid (optional) → Hybrid Inverter (backup or sell-back)

Core Components:

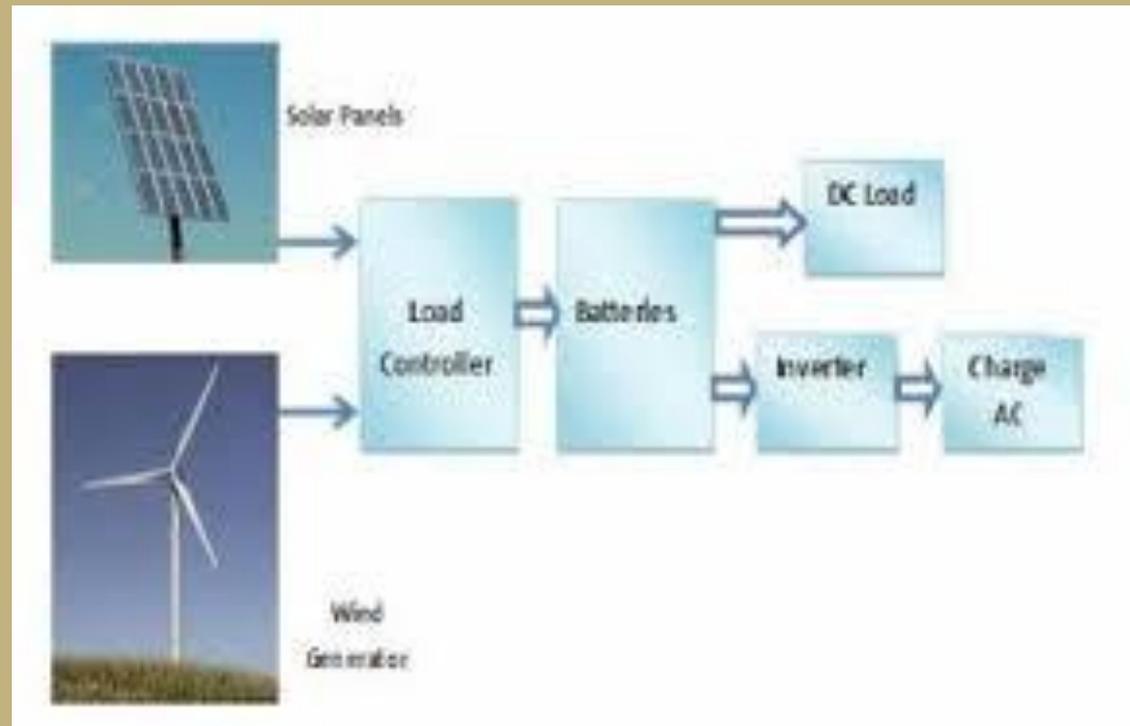
- Solar Array
- MPPT Solar Charge Controller
- Wind Turbine
- Wind Diversion Controller
- Battery Bank (preferably 48V for efficiency)
- Hybrid Inverter
- Critical Loads Panel
- AC Disconnects + DC Breakers

Best Used When:

- Rural Wyoming properties
- Long-term resilience
- Redundant charging sources
- Off-grid cabins or homesteads

Not Ideal When:

- No wind resource
- Heavy shading
- Low-budget entry system



SECTION 6 – LOAD SHEDDING STRATEGY

Battery at 50%:

- Shut freezer
- Reduce lighting
- Delay water pumping

Battery at 30%:

- Essential loads only
- Start generator cycle

FAILURE SCENARIO DISCUSSION

3 cloudy days, no wind, 20°F

Battery at 35%

What shuts off first?

FINAL WORKSHEET – PERSONAL SYSTEM PLAN

My Daily Wh Need: 8979 WH

Battery Bank Size: 467.65 AH

Solar Array Target: 2744 Watts

Generator Size: 3000 Watts

Fuel Stored: 21 gallons

Backup Heat Source: Propane Heater like MR. Buddy heater with proper ventilation

CLASS TAKEAWAYS

You should now know:

- Their daily energy needs
- Their battery requirement
- Their generator size
- Their fuel plan
- Their load-shedding protocol

Not theory. Numbers.